



# Youth Advisory Board Information



---

# About the Health-Lit project

The **“Health Literacy Education for Youth to Tackle Disinformation and Improve Well-being”** project or shortly **Health-Lit** aims to enhance the health literacy (HL) of young people (between 14-29 years old), equipping them with skills to address disinformation about health issues and to promote digital readiness and resilience.

The project seeks a systemic impact on youth engagement in Bulgaria, Croatia, Cyprus, Italy and Lithuania, by improving the skills and competences of youth workers and educators to apply innovative methodologies for HL and tackling disinformation, reinforcing the links practice and youth policy.

**Activities include:**

- online survey of young people in 5 countries;
- designing an inclusive multi-lingual health literacy and disinformation program through innovative local and **international youth sandbox** (VOYS) event;
- peer learning and training of trainers;
- developing and disseminating e-learning HL resources;
- engaging youth, youth workers, local stakeholders and the wider public in mutual learning and awareness-raising through multiplier events and webinars.

Timeline: 01/03/2025 – 28/02/2027

---

# About the Youth Advisory Board (YAB)

## What is the YAB?

The **Health-Lit project** features a **5-member Youth Advisory Board (YAB)**, a consultative body composed of one expert representative from each of our five partner organizations across Bulgaria, Croatia, Cyprus, Italy, and Lithuania. This diverse team brings together educators, health literacy experts, and youth activists committed to ensuring the project's quality, inclusivity, and relevance.

## Who are the YAB Members?

The Youth Advisory Board includes representatives from:

- Centre for Peace, Nonviolence and Human Rights – Osijek (Croatia)
- Future Needs Management Consulting Ltd (Cyprus)
- Bureau for Integration and Social Innovations (Bulgaria)
- FORMA.AZIONE SRL (Italy)
- Mano Europa (Lithuania)

## What is Their Role?

The Youth Advisory Board acts as a quality assurance and guidance mechanism for the Health-Lit project. **Its key responsibilities include:**

- Reviewing project materials (surveys, training modules, educational content) to ensure relevance, accessibility, and inclusivity.
- Providing expert feedback on research, training activities, and awareness campaigns.
- Ensuring respect for diversity and different cultural and educational backgrounds.
- Supporting the assessment of project progress and achievement of objectives related to health literacy and countering health disinformation among youth.

## **How Do They Work?**

The YAB operates through:

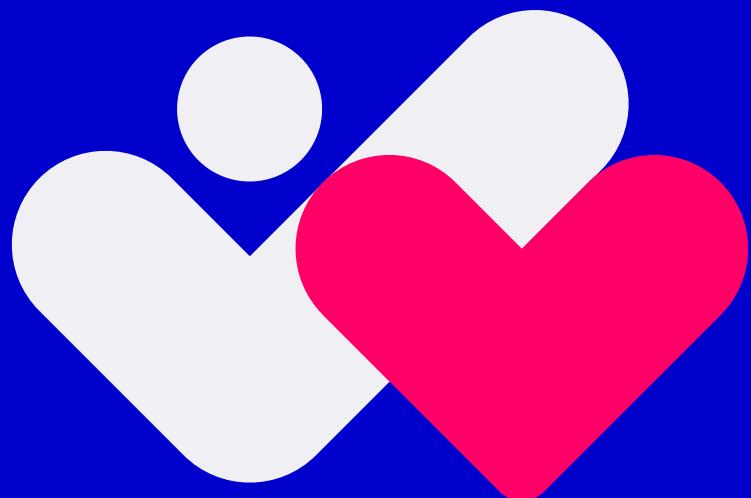
- Four online meetings during the project's 24-month duration (March 2025 – February 2027).
- Online consultations between meetings to ensure continuous feedback.
- Collaborative review of project deliverables at each key stage.

## **Why Does This Matter?**

Through cross-country collaboration, the Youth Advisory Board helps ensure that the Health-Lit project:

- Responds to the real needs of young people.
- Maintains high-quality educational standards.
- Reflects diverse European perspectives.
- Delivers inclusive, accessible, and impactful results.

If you are interested in becoming a member of our Youth Advisory Board and contributing your voice, ideas, and experience to the Health-Lit project, reach out to **[info@manoeuropa.org](mailto:info@manoeuropa.org)**



**Disclaimer:**

The survey and report are part of the activities under HealthLit project, funded by the EU. Views and opinions expressed are however those of the authors only and do not necessarily reflect those of the European Union.



Co-funded by  
the European Union